



## Massage & Body Services

### **ELEMENTAL WELL BEING MASSAGE**                      **60 minutes / \$230**

*Rooted in the Five Element theory, this customized massage enhanced with the highest-grade aromatherapy blends is designed to bring you to a state of balance.*

### **HEALING BIRCH MASSAGE**                                      **60 minutes/ \$230**

*A deeply therapeutic massage best suited for addressing muscle tension and muscle soreness.*

### **LITTLE BEAN MASSAGE**    **60 minutes / \$240**

*Our Pre / Post Natal massage is custom designed to nurture and support in a time of constant change. Best received from 3-months onwards.*

### **REFLEXOLOGY**    **60 minutes / \$225**

*This classic foot treatment begins with a cleansing ritual to open the energetic channels of the feet. Revitalizing tired feet, cleanses the body of toxins, and stimulates the production of endorphins.*

### **SHIBUI BODY SCRUB**    **60 minutes / \$240**

*This full body exfoliation stimulates the lymphatic system while refining the skin leaving it refreshed, smooth and nourished. The perfect complement to any massage.*

### **SEASONAL BODY TREATMENT**    **120 minutes / \$430**

*Designed to support seasonal transitions that can create physical tension and emotional anxiety. A truly nurturing treatment to fortify and strengthen the mind and body through difficult times. Your journey begins with a revitalizing body scrub followed by opening stretches and full body therapeutic massage focusing on head, neck and back.*

## Onsen Rituals

### **HEALING RITUAL**    **105 minutes / \$380**

*This ritual begins with a cleansing signature soak in our private Ofuro tub, following a deeply focused 90-minute massage will address muscle tension and leave you feeling regenerated.*

### **BALANCING RITUAL**    **105 minutes / \$380**

*This ritual begins with a cleansing signature soak in our private Ofuro tub, following a customized 90-minute massage will assist in bringing you to a harmonious state.*

### **HINOKI RITUAL**    **105 minutes / \$380**

*This ritual will begin with a cleansing signature soak in our private Ofuro tub, following a traditional 90-minute shiatsu treatment will deeply calm the mind and body.*

### **SHINRIN-YOKU RITUAL**    **105 minutes / \$380**

*This ritual is designed to restore you from the stresses of modern day living, cleansed of pollution and relieved from restlessness & agitation. Starting with a cleansing soak, guided inhalation & tension releasing long, deep massage, followed with a warm grounding mud mask to recharge through hands and feet. finally, restoring tranquility to the mind with our expert scalp massage.*



## Facial Services

**PIETRO SIMONE** *Created from culture rich Italian foundations, and authentic active core ingredients.*

### **MULTI-REFINE AND SCULPT** **60 minutes / \$265**

*This treatment comprises Pietro Simone's organic cotton thread method and signature deep tissue massage along with a multi-phase exfoliation to encourage cellular renewal and increased micro-circulation resulting in renewed freshness and vitality.*

### **INTEGRAL RESTORER** **60 minutes / \$230**

*This premium anti-aging facial is a great way to experience hydration while helping to increase elasticity and promote collagen production for vibrant feel-good skin.*

### **THE PRESTIGE** **60 minutes / \$280**

*Built with the highest concentrations of peptides, minerals and activated waters, this regenerative facial will support collagen and elastin and restore the integrity of the skin while providing radiance.*

## Facial Services

**NATURA BISSE** *Luxury Barcelona based skincare brand delivering sophisticated formulations that yield visible results.*

### **OXYGEN AWAKENING** **60 minutes / \$230**

*This unique protocol releases pure oxygen molecules into your skin, eliminating toxins and restoring your skin's tone and vitality. Perfect for any skin type, and especially beneficial for anyone with dull or dehydrated skin.*

### **VITAMIN C RADIENCE** **60 minutes / \$230**

*Awaken your senses with delicious citrus fragrances and recapture your skin's original glow with the extraordinary power of Vitamin C. Powerful antioxidants repair even the most mistreated skin, unveiling a hydrated, radiant complexion.*

### **DIAMOND GLOW** **60 minutes / \$280**

*Providing glowing results for hyper-pigmented skin. Formulated, with high concentrations of effective whitening and lightening active ingredients This unique treatment evens skin tone and minimizes pores to reveal a completely uniform complexion.*